

SHE HAS  *the Advantage*
Because every girl deserves the tools to shine.

AMERICA'S
Most Beautiful

AMERICA'S MOST BEAUTIFUL MRS. 2026

♥ *Tamara Abney* ♥

**I AM
CONFIDENT
AND I SHINE!**

I believe in myself and my abilities.



♥ MY CONFIDENCE BOOSTERS ♥

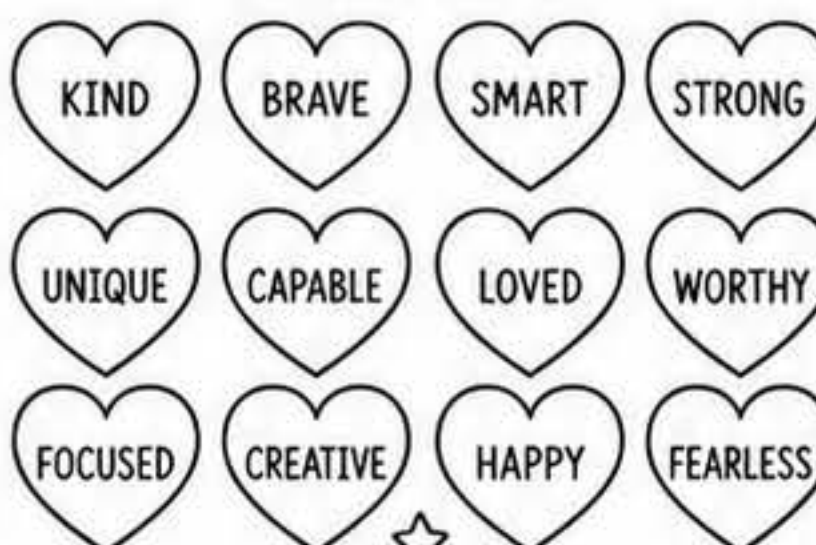
Things that help me feel strong and confident!

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____



♥ WORDS THAT EMPOWER ME ♥

Pick your favorite words and color them in!



♥ TODAY I WILL... ♥

- ☐ Believe in myself.
- ☐ Step outside my comfort zone.
- ☐ Make a positive choice.
- ☐ Help someone.
- ☐ Keep trying.
- ☐ Be proud of who I am.
- ☐ Treat myself with kindness.
- ☐ Shine my light!



WHEN I FACE A CHALLENGE,
I CAN... ♥

- 1 _____
- 2 _____
- 3 _____



♥ DRAW YOUR DREAMS! ♥



♥ I AM PROUD OF... ♥

- 1 _____
- 2 _____
- 3 _____
- 4 _____

